



**Meridian Anti-Drug Coalition General Meeting Minutes**  
**Meridian Police Department, 1401 E. Watertower**  
**December 20th, 2018**

**Attendees (15): Earl Scharff, John Gonzales, Mary Liz Jones, Terry Austin, Grace Hall, Ternel Martinez, Scott Jones, Cheryl Mulvihill, Kendall Nagy, Sarah Herrick, Stephany Galbreath, Scott Colaianni, Mary Kemp, Joe Marty, Esmeralda Herrera**

TIME	SPEAKER & AGENDA ITEMS	NOTES
4:00	Cheryl Mulvihill, Anti-Drug Coordinator <ul style="list-style-type: none"> <li>• Welcome &amp; Introductions</li> <li>• November Meeting Minutes (sent out via email)</li> </ul>	<ul style="list-style-type: none"> <li>• sign-in sheet signed by all attendees</li> <li>• motion by Mary Liz, second by Esmeralda, all vote to approve meeting minutes</li> </ul>
4:05	Guest Speaker: Scott Jones, Chapter Manager <u>Phoenix Multisport</u> Boise  <i>Phoenix Multisport is an active sober living community for individuals recovering from substance use disorder and those who choose to live sober.</i>	<ul style="list-style-type: none"> <li>• Scott Jones: Phoenix Multisport is a nonprofit sober active community, came to Boise two years ago. Currently there are free events seven days a week. Some examples include yoga, mountain biking, backpacking, group run, and art night. Phoenix Multisport full gym is located on Americana and Cooper Court. St. Luke's chose Phoenix Multisport to be one of their 25 Select Health nonprofits and developed a three minute advertisement to promote Phoenix Multisport. Phoenix Multisport is in 16 states, working with many community partners. They work closely with the reentry program through Ada County Services / probation. There are options where a client and a probation officer can workout together. Once the workout is complete they can meet and discuss their business; the workout allows them to break barriers and open up transparent communication.</li> <li>• Though many people have different walks of life and different jobs, they are all brought together for recovery.</li> <li>• Phoenix Multisport is looking for a space to have some classes located here in Meridian. This would expand the accessibility of this resource beyond Boise.</li> <li>• There is a once a month newsletter if you are interested in more details or future classes for Phoenix Multisport. To be added to the email distribution please email <a href="mailto:info@thephoenix.org">mailto:info@thephoenix.org</a></li> </ul> <p>Ternel: How do you monitor the sobriety of 48 hours in order for them to qualify to participate?            Scott: The majority of the staff are in recovery and are pretty good at determining if something is amis. Traditionally those who have used within the last 48 hours aren't interested in participating in physical sports but it could happen. Phoenix Multisport doesn't drug test any participant. If someone shows up impaired they will be pulled to the side to have a conversation and see what resources are available.</p>

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 Our vision is to build Meridian into a drug free community where people can safely live, work and raise a family.





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	<ul style="list-style-type: none"> <li>○ SRO K9</li> </ul>	<p>representatives from the House and Senate which included Chairs of a few different committees. In addition there were many community partners; Idaho Office of Drug Policy, Meridian Police Department, Idaho State Police, Community Coalitions of Idaho and West Ada School District. There were many connections made with legislative leaders during this session.</p> <ul style="list-style-type: none"> <li>• A few suggestions if we do this again: plan ahead and have these discussions way before legislative sessions, maybe in September. Have members network before the meeting and keep the communication going to these Legislators.</li> <li>• Earl Scharf: It went well especially with the new legislative representative. An earlier date would help.</li> <li>• Kendall: Had correspondence with multiple people from 6 of the 9 districts included in Ada County. Continue to establish those connections and building that communication. See the attached document that was handed out and sent out in digital format containing facts relating to the unintended consequences of the normalization of marijuana.</li> </ul> <p>Kendall- went in front of City Council and the Mayor to ask for support with the K9 fundraising. The City and School District has agreed to split maintenance cost while the coalition has one year (January 2019-January 2020) to raise 85k. The bulk of that is the K9 vehicle. Kendall is looking into grants. Please look into your resources and come up with some ideas for fundraising to be discussed at the January 17<sup>th</sup> meeting.</p>
4:40	<p>Kendall Nagy, Director &amp; Cheryl Mulvihill, Anti-Drug Coordinator</p> <ul style="list-style-type: none"> <li>• Updates: Compliance Checks &amp; Shoulder Taps, Coffee w/ the Mayor</li> <li>• Upcoming Events: Cabin Fever Reliever (SAT) 2/16</li> <li>• Holiday Giveaway: Trivia Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• Compliance Checks &amp; Shoulder Taps: this is the first operation in 4 years in which all establishments checked were compliant. Cheryl sent out thank you letters to all businesses that were compliant.</li> <li>• Coffee with the Mayor: Connection made during the event. Ellen Aflik is helping the process of opening Cottonwood Creek Behavioral Hospital. This will be similar to Intermountain. See attached document on open house invite. <a href="#">RSVP for Cottonwood Creek Open House</a> by Jan. 4<sup>th</sup>.</li> </ul> <p>Cheryl: Secure volunteers for upcoming event: Cabin Fever Reliever is an all-day event on 2/16. We have plenty of youth but could use some adults. The event is 9-5pm. Please let Cheryl know if you are available to volunteer.</p> <p>Attendees completed a Drug and Alcohol IQ Challenge to win a safe to lock medicines in. Esmeralda and John won.</p>

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4:55	Open Discussion: additional updates, feedback, ideas, questions, etc.	<ul style="list-style-type: none"><li>• Mary: ASBSU added chewing tobacco to their resolution of non-tobacco campus. February 6th is the next Youth Day at the Capital. Contact <a href="#">Mary</a> to learn more about Tobacco 21 efforts.</li><li>• Cheryl: We have a lot of different promotional items including shirts. If you don't have one please take one.</li></ul>
<b>5:00pm Meeting Adjourned</b>		<b>*Next Meeting: January 17th, 4pm at Meridian Police Department</b>

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